



BETTER BY

# BIKE

CYCLE TOURING MAGAZINE

## Map key

Paved path	Tourist information centre	Birding	Bienvenue cyclistes ! accommodations
Unpaved trail	Metro station	Repairs	Fièremment Vélo!
Paved road	REM stations	Restaurant	Route planning app
Planned route	River shuttle	Parking	La Route verte
Inaccessible section	Camping	Pay parking	Trans Canada Trail
Local network	Drinking water	Restrooms	Lake Champlain Bikeways
Sentier Oka-Mont-Saint-Hilaire path	Rest area	Mountain biking	Great Lakes Waterfront Trail
Footbridge or bridge	Sheltered rest area	Fat biking	
Closures and roadwork	Accommodations	Panoramic view	

THIS LOOP IS SAFE AND PERFECT FOR FAMILIES

## Suggested itineraries

**Day 1 :** Saint-Jean-sur-Richelieu to Granby

**Day 2 :** Granby, Chambly and Saint-Jean-sur-Richelieu

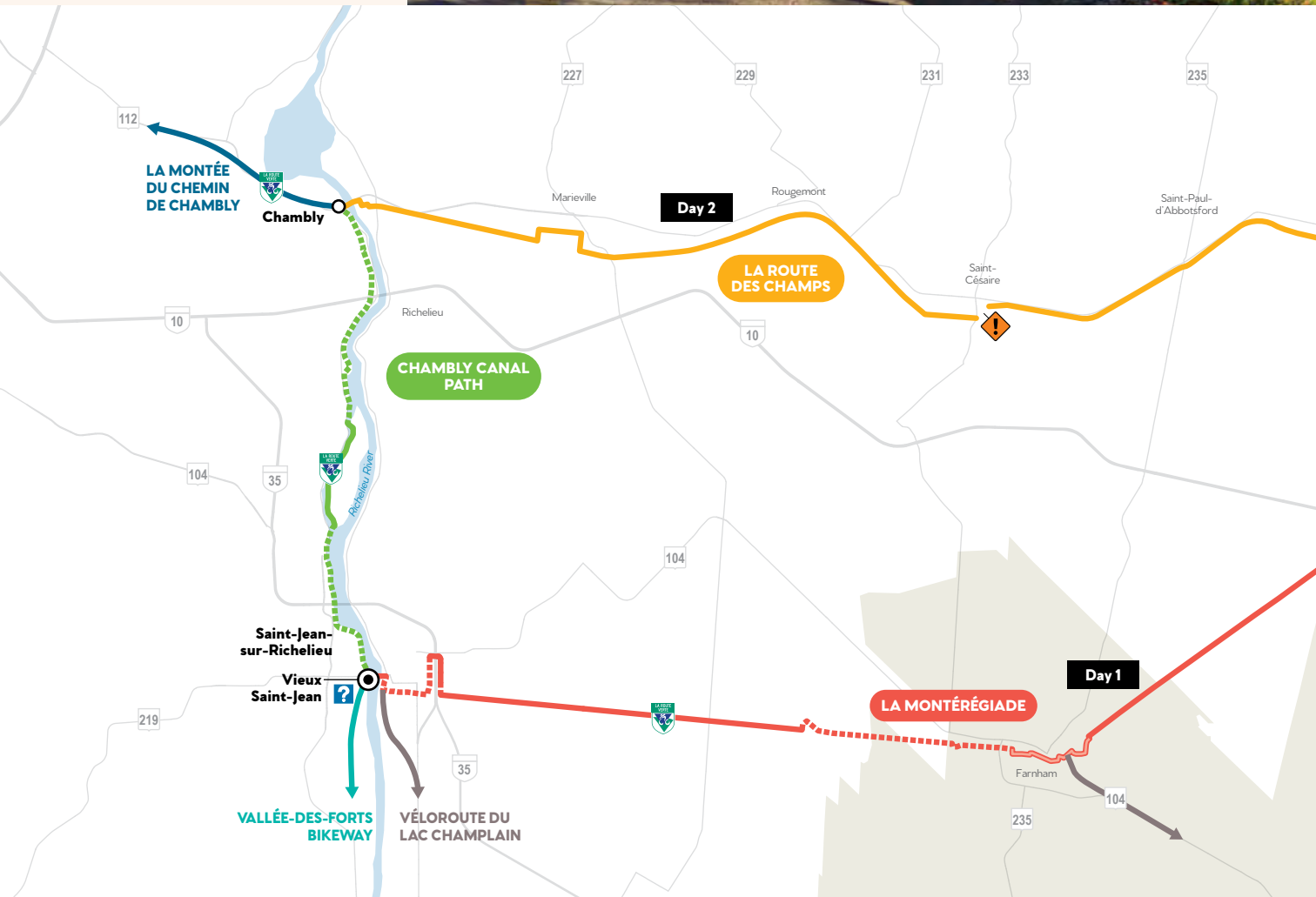
**3- or 5-day options on our website**

## Suggested departure points

- 📍 **Old Saint-Jean**  
Saint-Jean-sur-Richelieu
- 📍 **Granby**
- 📍 **Quartier DIX30, Brossard**  
(dedicated spots)



LA MONTÉRÉGIADÉ BIKE PATH



# Boucle cyclable Centre-Est

The Boucle Centre-Est route strictly runs on bike paths and is mostly flat, making it one of the safest in the region and understandably ideal for families and cyclists who prefer more relaxing rides. This out-and-back connects Chambly, Saint-Jean-sur-Richelieu and Granby, three hotspots where you'll find myriad activities right off the paths: parks, cultural venues, coffee shops, quaint shops and lively places. It is also a gateway to the Eastern Townships via the RÉSEAU VÉLO YAMASKA bike network and a link to exploring on-road touring options along the Vallée-des-Forts bikeway.

Saint-Jean-sur-Richelieu or Granby are good starting points. Plan for at least two overnights, or more if you wish. Various types of accommodations along the route allow for extending your trip and visiting more tourist attractions at your leisure and pace.

## Boucle Centre-Est

**Itinerary: 125 km and up**  
Small elevation gain: 246 m and up



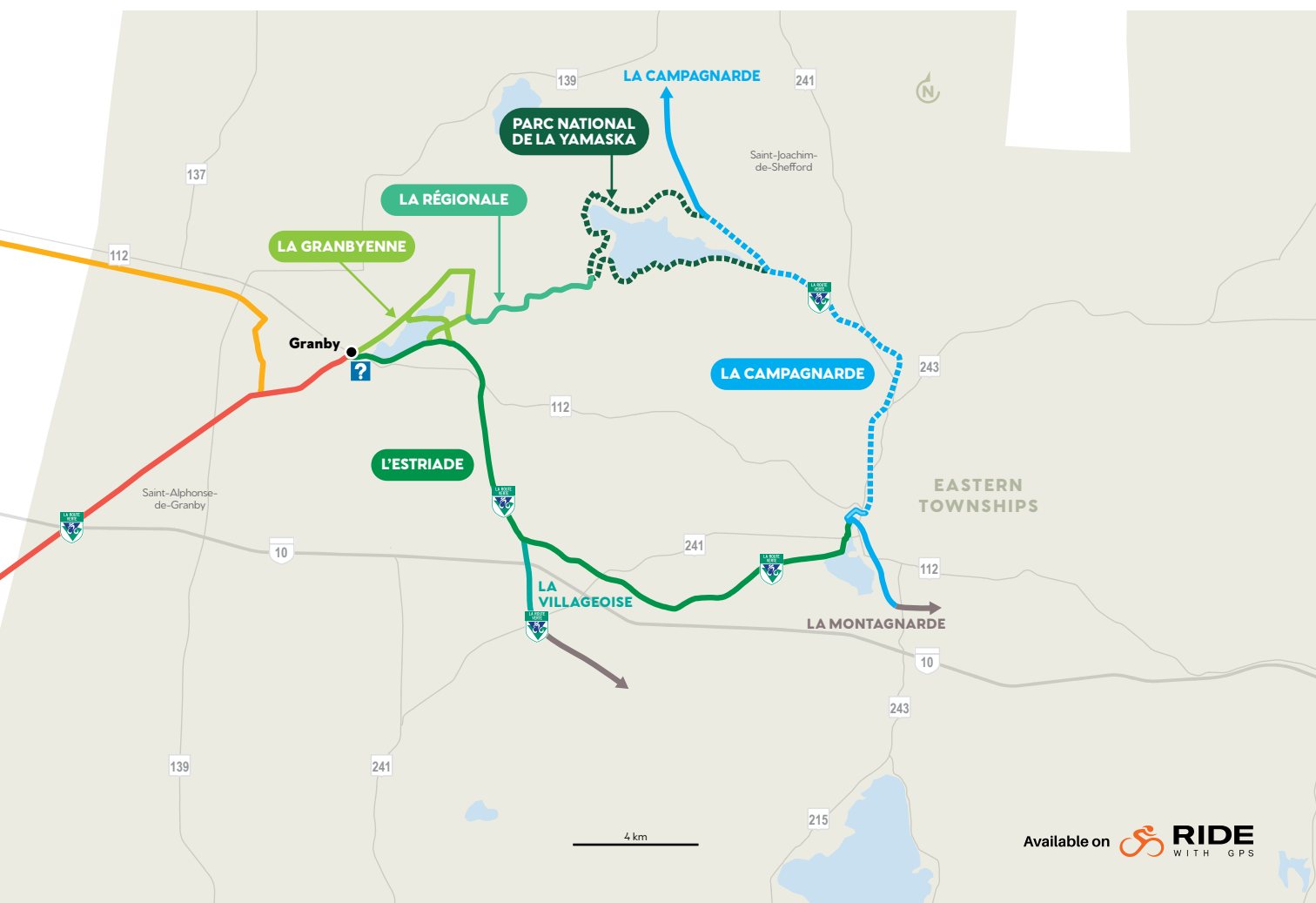
### Plan your trip!



**Luggage transfer and bike rental service**  
Details: [voyageravelo.com](http://voyageravelo.com)



**Turnkey packages**  
Accommodations and luggage transfer  
Details: [veloquebecvoyages.com](http://veloquebecvoyages.com)



Available on RIDE WITH GPS