



BETTER BY

# BIKE

CYCLE TOURING MAGAZINE

## Map key

Paved path	Tourist information centre	Birding	Bienvenue cyclistes ! accommodations
Unpaved trail	Metro station	Repairs	Fièremment Vélo!
Paved road	REM stations	Restaurant	Route planning app
Planned route	River shuttle	Parking	La Route verte
Inaccessible section	Camping	Pay parking	Trans Canada Trail
Local network	Drinking water	Restrooms	Lake Champlain Bikeways
Sentier Oka-Mont-Saint-Hilaire path	Rest area	Mountain biking	Great Lakes Waterfront Trail
Footbridge or bridge	Sheltered rest area	Fat biking	
Closures and roadwork	Accommodations	Panoramic view	

## Accommodations

- A Motel Martin's Inn Le Marigot**  
Vaudreuil-Dorion  
(CITQ 522664)
- B Village des Écluses**  
Pointe-des-Cascades  
(CITQ 199603)
- C Holiday Inn Express & Suites Vaudreuil-Dorion**  
Vaudreuil-Dorion  
(CITQ 286646)
- D Château Vaudreuil**  
Vaudreuil-Dorion  
(CITQ 506402)

## Attractions and Services

- 1 Plage de Saint-Zotique**  
Saint-Zotique
- 2 L'Embouchure, pointe festive**  
Coteau-du-Lac
- 3 Coteau-du-Lac National Historic Site**  
Coteau-du-Lac
- 4 Parc du canal de Soulanges rental centre**  
(bikes and watercraft)  
Coteau-du-Lac
- 5 La Posta Café Bistro**  
Coteau-du-Lac
- 6 Café-boulangerie Deux Grains au Moulin**  
Les Cèdres
- 7 Vignoble Le Bourg des Cèdres**   
Les Cèdres
- 8 Parc des Ancres**  
Pointe-des-Cascades
- 9 Parc nature de Pointe-des-Cascades**  
Pointe-des-Cascades
- 10 Village des Écluses**  
Pointe-des-Cascades



PARC RÉGIONAL DU CANAL DE SOULANGES ↑

# Soulanges bike path

The Soulanges bike path is 35 km of paved riding along the canal it is named after and lake Saint-François. A peaceful mix of open fields, wooded areas and beaches.

It is populated with a bike and watercraft rental facility, foodie stops and a heritage site. On the easternmost tip, Pointe-des-Cascades offers lounging areas, restaurant options and ready-to-camp accommodations. Plus, live evening concerts on weekends. The path stays open in winter for fat biking.



↑ COTEAU-DU-LAC NATIONAL HISTORIC SITE

↓ VILLAGE DES ÉCLUSES



# Soulanges bike path

35 km paved



## Information

### Information on the western Montréal bike network

To plan your bike trip  
1 855 424-6654 • [tourismevs.com](http://tourismevs.com)

### Parc du canal de Soulanges

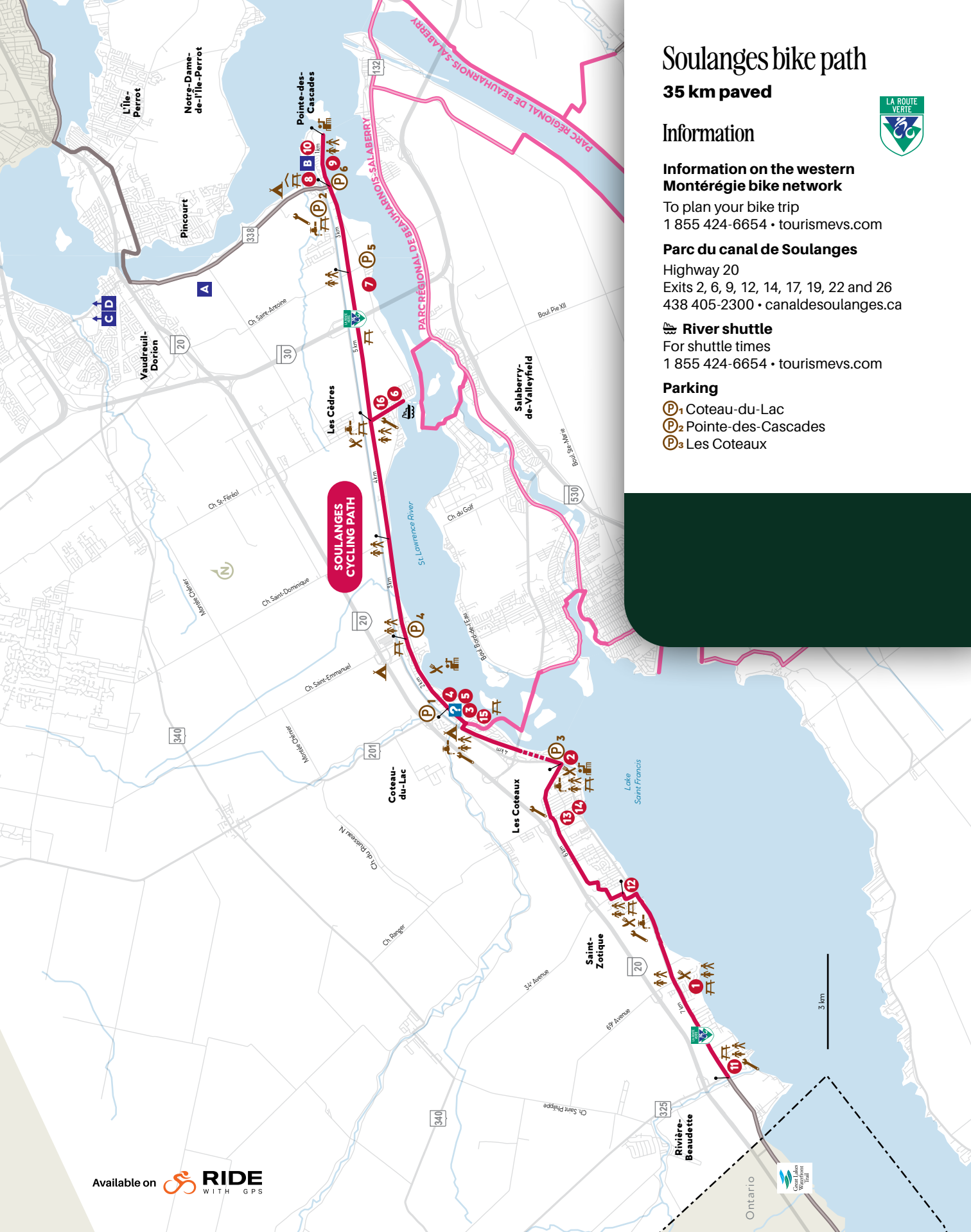
Highway 20  
Exits 2, 6, 9, 12, 14, 17, 19, 22 and 26  
438 405-2300 • [canaldesoulanges.ca](http://canaldesoulanges.ca)

### River shuttle

For shuttle times  
1 855 424-6654 • [tourismevs.com](http://tourismevs.com)

### Parking

- P1 Coteau-du-Lac
- P2 Pointe-des-Cascades
- P3 Les Coteaux



Available on **RIDE**  
WITH GPS