

2025

Montérégie cycling network map

Montérégie: A biking destination of choice



Fort Chambly National Historic Site

TOURISME
MONTÉRÉGIE

Map of Montérégie bike paths

Legend

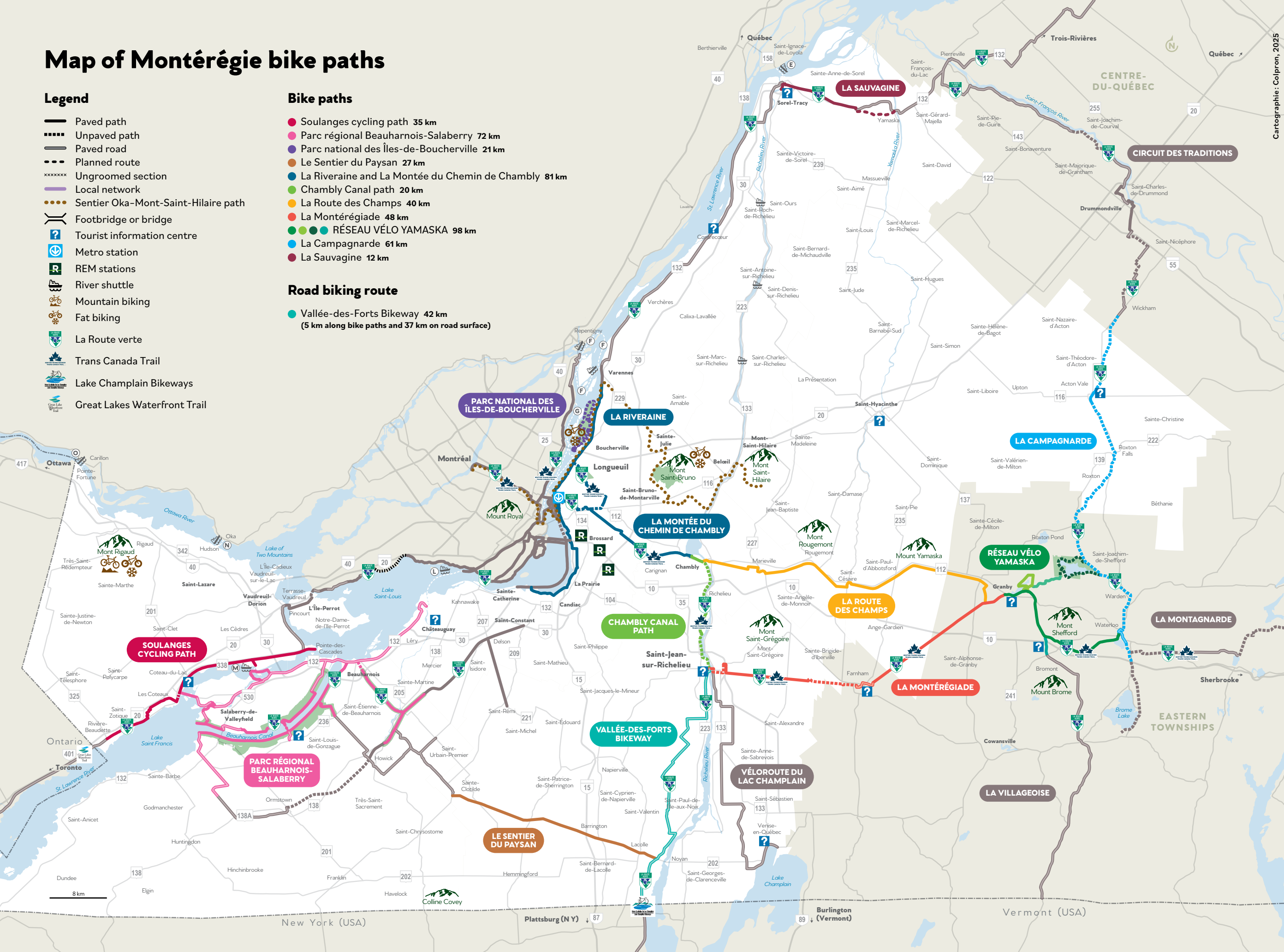
- Paved path
- Unpaved path
- Paved road
- Planned route
- Ungroomed section
- Local network
- Sentier Oka-Mont-Saint-Hilaire path
- Footbridge or bridge
- Tourist information centre
- Metro station
- REM stations
- River shuttle
- Mountain biking
- Fat biking
- La Route verte
- Trans Canada Trail
- Lake Champlain Bikeways
- Great Lakes Waterfront Trail

Bike paths

- Soulanges cycling path 35 km
- Parc régional Beauharnois-Salaberry 72 km
- Parc national des Îles-de-Boucherville 21 km
- Le Sentier du Paysan 27 km
- La Riveraïne and La Montée du Chemin de Chambly 81 km
- Chambly Canal path 30 km
- La Route des Champs 40 km
- La Montérégiade 48 km
- RÉSEAU VÉLO YAMASKA 98 km
- La Campagnarde 61 km
- La Sauvagine 12 km

Road biking route

- Vallée-des-Forts Bikeway 42 km
(5 km along bike paths and 37 km on road surface)



Between two shores

Getting to Montérégie from Montréal, and much more!

For Montrealers, the Montérégie region has the potential to be a massive backyard with endless options for exploration. The region is accessible via bridge and ferry from the city, but also by metro or the REM. Once off the island, cyclists have access to a world of possibilities through a network of interconnected trails. Check the river shuttle and ferry schedules before travelling.

Bridges

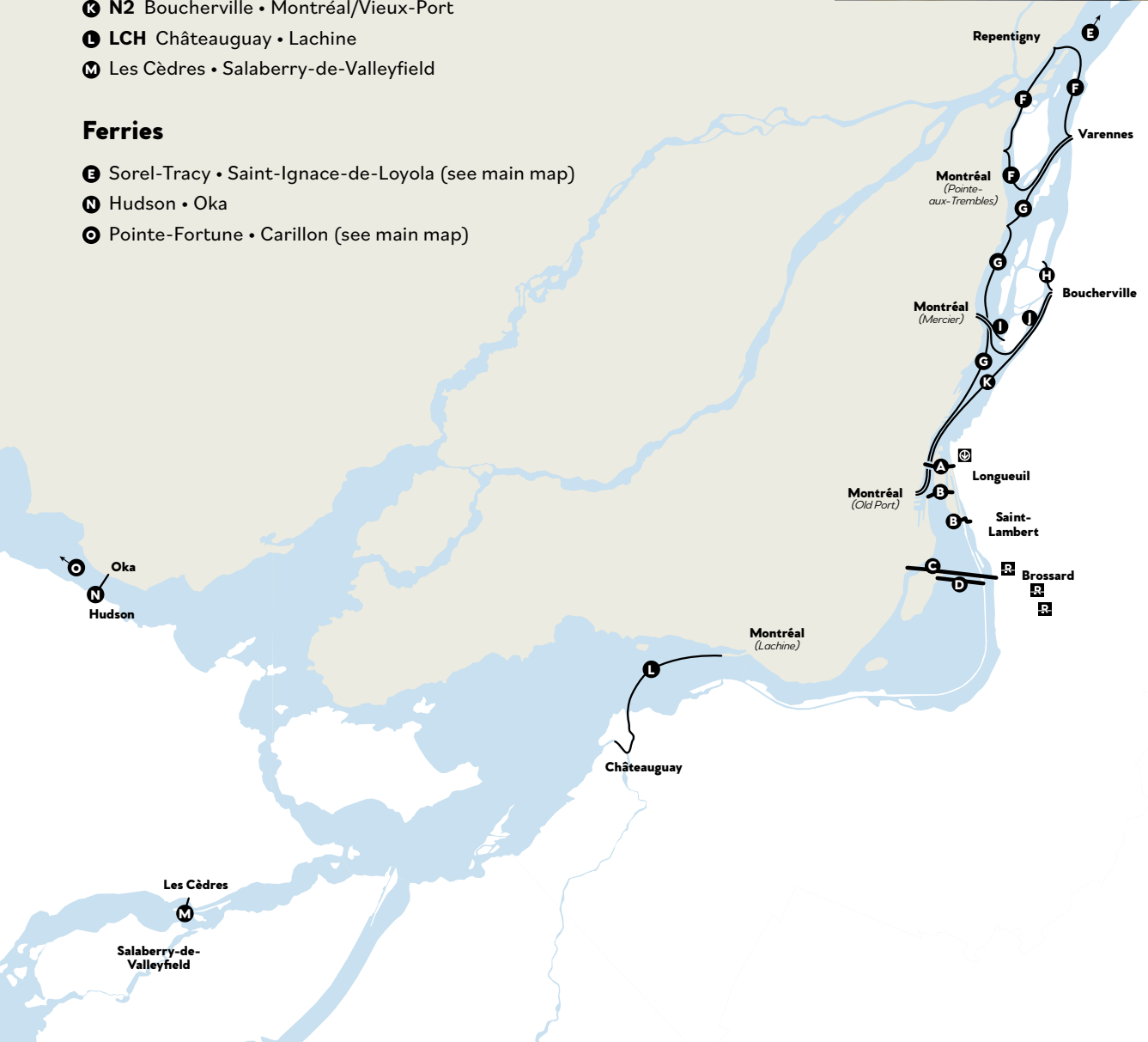
- A** Jacques-Cartier
- B** Pont de la Concorde - Écluse de Saint-Lambert
- C** Samuel-De Champlain
- D** Champlain Bridge Viaduct

River shuttles

- F** PVR Varennes • Pointe-aux-Trembles • Repentigny
- G** N3 Montréal/Vieux-Port • Pointe-aux-Trembles • Varennes
- H** BGR Boucherville • Île Grosbois
- I** N6 Montréal/Mercier • Île Charron
- J** N1 Boucherville • Montréal/Mercier
- K** N2 Boucherville • Montréal/Vieux-Port
- L** LCH Châteauguay • Lachine
- M** Les Cèdres • Salaberry-de-Valleyfield

Ferries

- E** Sorel-Tracy • Saint-Ignace-de-Loyola (see main map)
- N** Hudson • Oka
- O** Pointe-Fortune • Carillon (see main map)



Practical information

Want to explore the Montérégie by bike? Find all the essential information here to plan your adventure and enjoy every moment.



Bienvenue cyclistes! Certified accommodations

Enjoy a comfortable stay tailored to your needs!



Services offered by Voyager à vélo

- Luggage transfer
- Shuttle service
- Vehicle relocation. Pick up your vehicle at your final destination.
- Bike rentals

Book now at voyageravelo.com



More Route Verte routes than any other region

Five of the six routes crisscross the Montérégie. They're safe, clearly marked and maintained!



Bike trails, loops and road circuits available on Ride with GPS

Easily plan your rides by finding all our itineraries on the app.

Have any questions? Planning a trip to the Montérégie?

Contact us

- chat at monteregie.ca
- email at info@monteregie.ca



Montérégie: A year-round cycling destination!

No matter the season, explore the Montérégie by bike and let yourself be inspired by its landscapes, flavours, and exceptional cycling network.

Ready to ride? Montérégie awaits!

- Detailed maps of the cycling network
- Itinerary ideas: trails, loops, road circuits
- Suggested stops: foodie, cultural, relaxing
- Inspiring blog articles
- Self-guided cycling packages



La Crèmerie Dorchester



Mont-Saint-Bruno national park