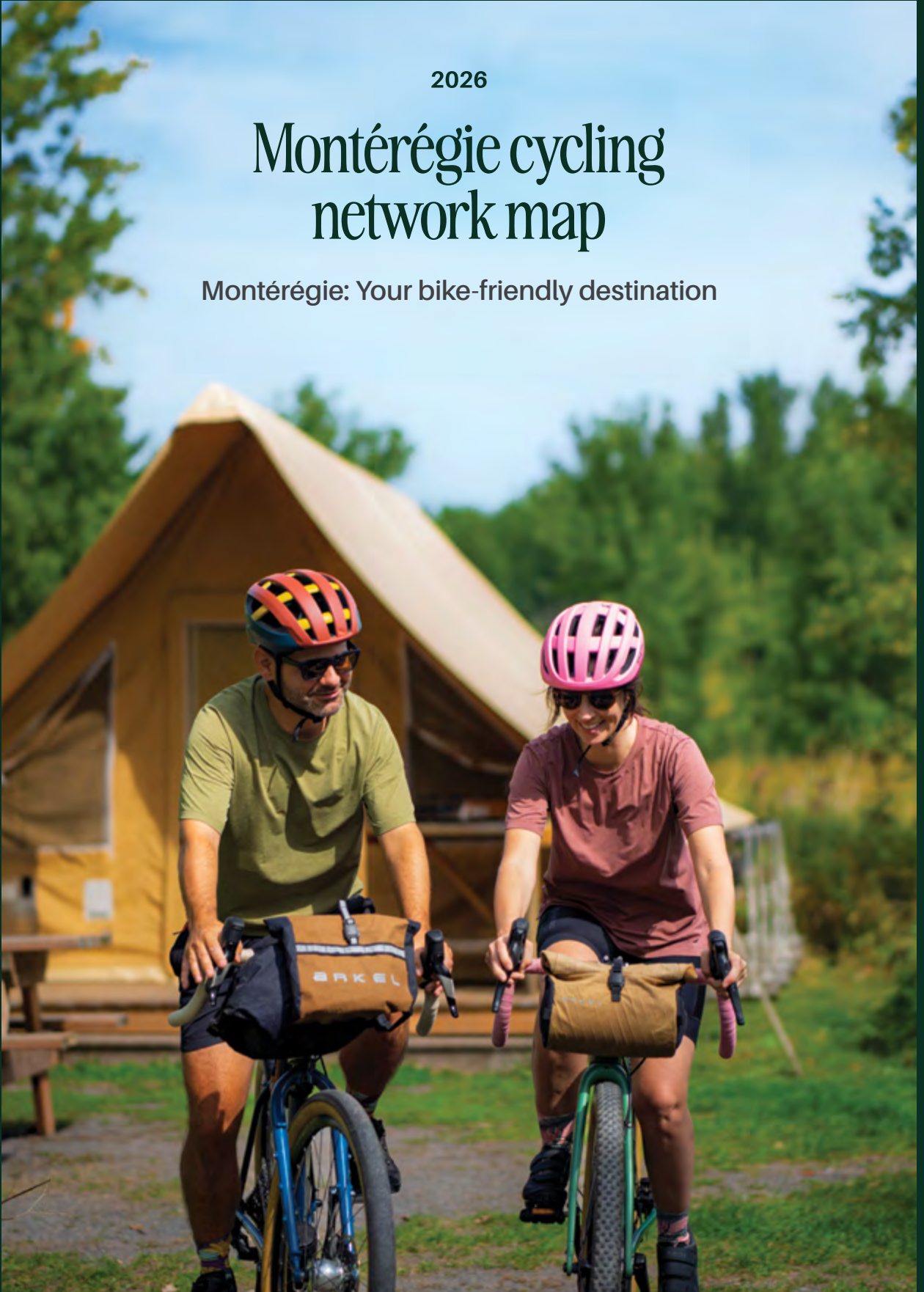


MONTÉRÉGIE

2026

Montérégie cycling network map

Montérégie: Your bike-friendly destination



Map of Montérégie bike network

Bike paths

- Soulanges cycling path 35 km
- Parc régional Beauharnois-Salaberry 72 km
- Pré ferré — La véloroute de Roussillon RS 18 km
- Le Sentier du Paysan 27 km
- Parc national des Îles-de-Boucherville 21 km
- La Riveraïne and La Montée du de Chambly 81 km
- Chambly Canal path 20 km
- La Route des Champs 40 km
- La Montérégiade 48 km
- La Sauvagine 12 km
- La Campagnarde 61 km
- RÉSEAU VÉLO YAMASKA 100 km

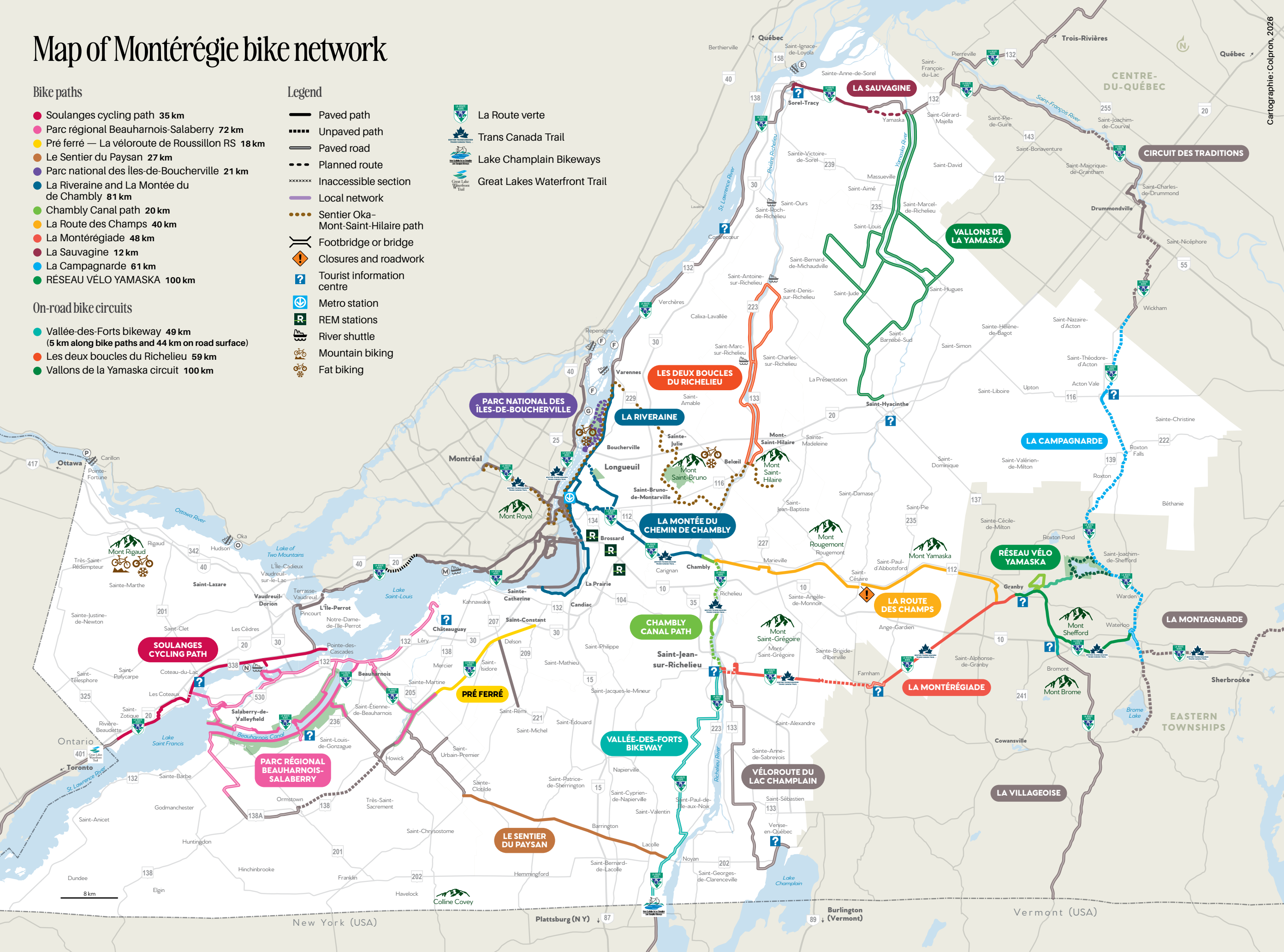
On-road bike circuits

- Vallée-des-Forts bikeway 49 km (5 km along bike paths and 44 km on road surface)
- Les deux boucles du Richelieu 59 km
- Vallons de la Yamaska circuit 100 km

Legend

- Paved path
- Unpaved path
- Paved road
- Planned route
- Inaccessible section
- Local network
- Sentier Oka-Mont-Saint-Hilaire path
- Footbridge or bridge
- ⚠ Closures and roadwork
- ? Tourist information centre
- M Metro station
- R REM stations
- 🚣 River shuttle
- 🚴 Mountain biking
- 🚴 Fat biking

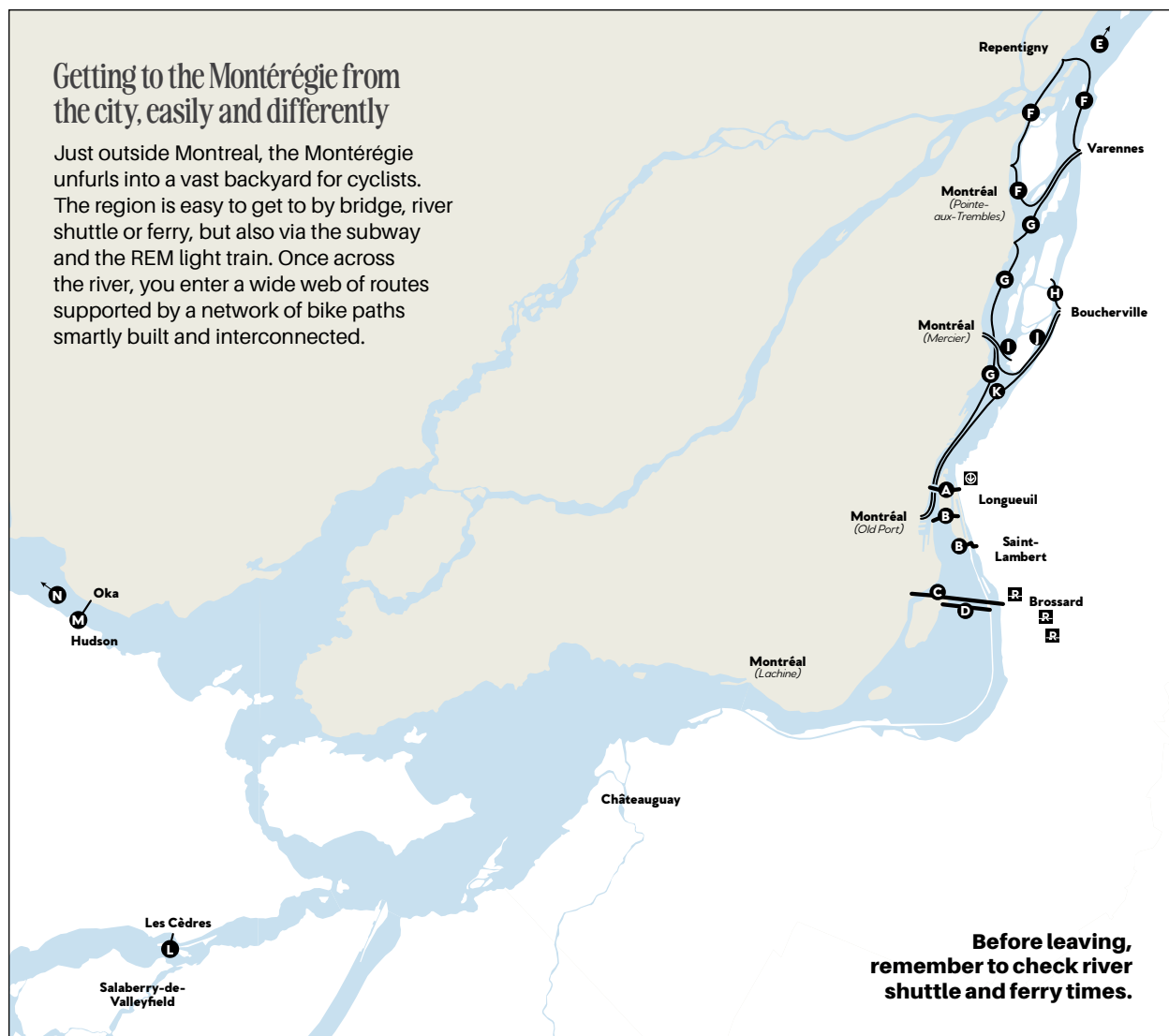
- La Route verte
- Trans Canada Trail
- Lake Champlain Bikeways
- Great Lakes Waterfront Trail



Between two shores

Getting to the Montérégie from the city, easily and differently

Just outside Montreal, the Montérégie unfolds into a vast backyard for cyclists. The region is easy to get to by bridge, river shuttle or ferry, but also via the subway and the REM light train. Once across the river, you enter a wide web of routes supported by a network of bike paths smartly built and interconnected.



Before leaving, remember to check river shuttle and ferry times.

Bridges with bike access

- A** Jacques-Cartier
- B** Pont de la Concorde - Saint-Lambert Lock
- C** Samuel-De Champlain
- D** Bicycle Path on the Estacade

River shuttles

- F** PVR Varennes • Pointe-aux-Trembles • Repentigny
- G** N3 Montréal/Old Port • Pointe-aux-Trembles • Varennes
- H** BGR Boucherville • Île Grosbois
- I** N6 Montréal/Mercier • Île Charon
- J** N1 Boucherville • Montréal/Mercier
- K** N2 Boucherville • Montréal/Old Port
- L** Les Cèdres • Salaberry-de-Valleyfield

Ferries

- E** Sorel-Tracy • Saint-Ignace-de-Loyola (see main map)
- M** Hudson • Oka
- N** Pointe-Fortune • Carillon (see main map)



RIVER SHUTTLE ↑

Practical information

All the essential information you need to plan your bike trip and make the most of your experience in the Montérégie.



Bienvenue cyclistes! accommodations

Enjoy a comfortable stay tailored to your needs!



Fièrement vélo! businesses

Cyclist-friendly welcome and services.



Services offered by Voyager à vélo

- **Luggage transfer**
- **Shuttle service**
- **Vehicle relocation**
Pick up your vehicle at your final destination.
- **Bike rentals**

Book now at voyageravelo.com



More Route Verte routes than any other region

5 of the 6 routes crisscross the Montérégie. They're safe, clearly marked and maintained!



Bike paths, cycling loops and on-road cycling routes available on Ride with GPS

Easily plan your rides by finding all our itineraries on the app.



↑ HÔTEL MOCO

Planning to visit the Montérégie?

Chat with MIA at monteregie.ca for the region's best tourism options.

*A must-stop
on your bike rides*

Café-terrace and bike station

Enjoy our selection of dishes and sandwiches, available for dine-in or takeout



Open daily from 8 a.m.

2403 Av. Bourgogne, Chamblly
450 447-9991

boulangerievieuxchambly.com

Montréal: Your all-season cycling destination

The Montréal with its myriad faces is rideable year-round. The scenery, the local flavours and its smartly designed and organized bike network are an invitation to explore, anytime. The region is tailor-made for enjoying cycling, at your own pace.

The Montréal offers:

- Detailed maps of the cycling network
- Itinerary ideas: trails, loops, road circuits
- Suggested stops: foodie, cultural, relaxing
- Inspiring content for planning your outings
- Self-guided cycling packages



↑ PARC NATIONAL DU MONT-SAINT-BRUNO



LA MONTRÉGLADE BIKE PATH ↑